



Sedona is located in Northern Arizona in Red Rock Country.

Red Rock country is located approximately 90 miles north of Phoenix and 40 miles south of Flagstaff, in Northern Arizona, an area of maybe 10 miles square, very beautiful, and as you might guess the rocks and ground are red.

The red color is because there is a high content of iron in the soil and as it is exposed to the air, it oxidizes, thus in reality they are actually "rusty rocks"!

Once you are out of this area, the terrain varies considerably. The terrain becomes more of what you would expect in a desert setting, with mesquite, cactus and all the other vegetation associated with the desert.

Being located in the high desert, the terrain is not unlike southern Indiana, hilly, with trees such as oak, maple, sycamore and others lining Oak Creek.

Sedona is a city of about 11,000 people; it is very small town, with no industry, most of the people living there are involved in tourism, the arts, or esoteric studies.

Almost all of the artists living there are very high caliber and much art work can be purchased there, much of which is western art, as well as things of a metaphysical nature.

The area draws many people because of its beauty and the mystical qualities of the vortexes.

There are four major energy vortexes in the area. Bell Rock, Airport Mesa, Boynton Canyon, and Cathedral Rock. A vortex is a power spot where large amounts of energy is emitted from the earth, there are many vortexes on the earth, but Indian legend states that there are only four major areas, two positive, Sedona and Kauai, Hawaii, and two negative , the Bermuda Triangle and Sussex County in England. They are not positive and negative as in good and bad, but as in a battery, as there is no good or bad, that is only in the human mind.

The beauty of the area has not been wasted as Sedona has been seen in many old western movies of the 40s and 50s; the area is still used to film videos, commercials, and ads for magazines.

Many of the Indian legends say that they came from a land to the west and when that land sank they escaped east to the red rock country.

Some of the legends describe the land sinking and people getting into boats and sailing east to escape, either that or they envision people arriving in the new land, standing on cliffs and watching the land to the west sink.

Legends state that Lemuria sank four different times, the third of which was 80,000 years ago and the final cataclysm took place 12,000 years ago, which roughly corresponds with many Indian legends from all over the world as the time of a great flood and mass migration of many peoples, our own bible also speaks of a great flood. It also corresponds within the same time frame as the sinking of Atlantis.

All in all it is a very interesting and beautiful place to visit, being within driving distance of the Grand Canyon and Petrified Forest, there is

plenty to keep someone busy for several days.

Arizona